

Roger Clark Lyons Invitational



Saturday, April 27th, 2024



Lyons Track & Field Facility

Meet will start promptly at **9:00 a.m.**

No Coaches Meeting

****Only 16 schools will be accepted for participation.**

Athletes may do 4 events.

Each school may enter 2 athletes in all running and field events.

Only 1 relay team per entry event. No Pentathlon.

Entries will be made to www.yentiming.com on Thursday, April 25th.

Entry Deadline is 8:00 p.m.

There will only be drops the day of the meet, No Adds.

Email your intent to participate to ebenderski@lyonscsd.org

ASAP as we fill up quickly!

***No Team Scoring**

***Ribbons to the top 6 finishers in each event.**

Rules: Only 1/8"spikes will be permitted. All spectators and non-competitors will not be permitted inside the competition areas. FAT will be used. All running events will be conducted as finals and will be seeded per entry.

Concessions will be available.

Entry Fee: \$300 per school, mailed by April 19th to:

Lyons Sports Boosters

Attention: Zac Young

10 Clyde Road

Lyons, NY 14489

Order of Events

G-100m Hurdles

B-110m Hurdles

G-4 x 800m Relay

B-4 x 800m Relay

G-100m

B-100m

B- 3000m Steeplechase

G-2000m Steeplechase

G-400m

B-400m

G-1500m

B-1600m

G- 4 x 100m Relay

B- 4 x 100m Relay

G- 400m Hurdles

B- 400m Hurdles

G- 800

B- 800m

G- 200m

B- 200m

G- 3000m

B- 3200m

G- 4 x 400m Relay

B- 4 x 400m Relay

Field Events

-Boys LJ East Pit

followed by Boys TJ
East Pit

-Boys Shot then Discus

-Girls Discus then Shot
Boys and Girls HJ

-Boys PV first followed
by Girls

-Girls LJ West followed
by Girls TJ West Pit



Please note that the boys steeplechase will go before the girls. This is a meet management issue, the barriers go down much easier and faster than trying to put them up. All other running events follow normal order, girls followed by boys.