

Girls Central

100m

Justina Sanders-Schifano	00:12.81	Sodus Central
Eleonore Grant	00:13.04	Red Creek
Na'Tatyana Conner	00:13.54	Sodus Central

100 Hurdles

Eleonore Grant	00:15.63	Red Creek
Cecelia Spano	00:18.24	Sodus Central
Daykota Micheals	00:18.60	Marcus Whitman

200m

Justina Sanders-Schifano	00:26.30	Sodus Central
Tylea McCarthy-Walker	00:28.44	Williamson Central
Addi Geitner	00:28.55	Bloomfield

400 Int Hurdles

Cassidy Bishop	01:08.32	Williamson Central
Addi Geitner	01:10.34	Bloomfield
Ali Freese	01:15.74	Marcus Whitman

400m

Justina Sanders-Schifano	00:58.37	Sodus Central
Cassidy Bishop	01:03.94	Williamson Central
Amy Kurmis	01:04.92	East Rochester

800m

Amy Kurmis	02:32.50	East Rochester
Raylene Wade	02:32.68	Red Creek
Cassidy Bishop	02:34.54	Williamson Central

1500m

Cassidy Bishop	05:12.93	Williamson Central
Rayanne Luke	05:15.34	Williamson Central
Raylene Wade	05:18.84	Red Creek

2000m Steeple

Cassidy Bishop	07:42.61	Williamson Central
Audrey Button	08:07.16	Marcus Whitman
Rebekah Champlin	08:51.44	Marcus Whitman

3000m

Rayanne Luke	11:18.70	Williamson Central
Audrey Button	11:38.17	Marcus Whitman
Erica Barbay	11:55.70	Mynderse Academy

High Jump

Alyssa Gilmour	04-08.00	Red Creek
Amy Kurmis	04-08.00	East Rochester
Carissa Kelly	04-08.00	Gananda
Kelly Bennett	04-08.00	Sodus

Long Jump

Justina Sanders-Schifano	17-04.50	Sodus Central
Noelle Morabito	16-00.00	East Rochester
Monefay Hosang	14-11.50	East Rochester

Triple Jump

Eleonore Grant	37-11.00	Red Creek
Justina Sanders-Schifano	33-02.50	Sodus Central
Noelle Morabito	32-00.00	East Rochester

Pole Vault

Eleonore Grant	10-00.00	Red Creek
Justina Sanders-Schifano	08-03.00	Sodus Central
Shannon VanDerwerken	07-00.00	Williamson Central
Cassidy Bishop	07-00.00	Williamson Central

Shot Put

Daykota Micheals	30-11.50	Marcus Whitman
Rachel Wiggins	28-02.00	Sodus Central
Sabrina Gonzalez	27-10.75	East Rochester

Discus Throw

Shannon VanDerwerken	086-05.00	Williamson Central
Lexi Tubiolo	083-10.00	Gananda
Sabrina Gonzalez	081-07.00	East Rochester

Pentathlon

Alex Nudd	1916	East Rochester
Carissa Kelly	1856	Gananda
Amy Kurmis	1777	East Rochester

4x100 Relay

Gananda	00:54.59
Sodus Central	00:54.76
Williamson Central	00:54.94

4x400 Relay

East Rochester	04:17.84
Bloomfield	04:32.79
Sodus Central	04:34.16

4x800 Relay

Red Creek	11:03.43
Williamson Central	11:12.52
East Rochester	11:14.47

Girls East

100 meters

Allison Phillips-PM
Heather Anderson-PY
Morgan DeVuyst-Midlakes

100 meter hurdles

Valerie Van Hoesen-PM
Kori Hughes- Midlakes
Jenna Siracuse-Wayne

200 meters

Allison Phillips-PM
Heather Anderson-PY
Shelby Hutton- PM

400 meters

Shelby Hutton-PM
Melinda Vilarinho-Wayne
Allison Clements-Midlakes

400 meter hurdles

Kori Hughes-Midlakes
Valerie Van Hoesen-PM
Shelby Hutton-PM

800 meters

Erika Steensma-Wayne
Kori Hughes-Midlakes
Ali Maloney-Midlakes

1500 meters

Ali Maloney-Midlakes
Rebecca Manwaring-Waterloo
Evelyn Pinneo-PY

3000 meters

Rebecca Manwaring-Waterloo
Evelyn Pinneo-PY
Devon Donatello-PM

2000 meter steeplechase

Evelyn Pinneo-PY
Leandra Griffith-PM
Erika Steensma-Wayne

Discus

Kendra Bush-Newark
Maddy Dibble-Waterloo
Shannon Harasta-Midlakes

Pentathlon

Kori Hughes-Midlakes
Kenya Holtboy-Newark
Danielle Romaine-Midlakes

Shot Put

Kendra Bush-Newark
Mary Reyes-NRW
Meghan Cole-Waterloo

High Jump

Adeline Runkle-Wayne
Jenna Siracuse-Wayne
Lexi Aruck-Midlakes

Pole Vault

Ariel Ashline-Winters-Wayne
Natalie Crandall-Wayne
Ashley Arnold-Midlakes

Triple Jump

Lexi Aruck- Midlakes
Jenna Siracuse-Wayne
Quinn Hennessy-Wayne

4X100

Waterloo
Newark
Geneva

4X400

Wayne
Midlakes
Pal-Mac

4X800

Wayne
Pal-Mac
Waterloo

Girls West

100m

Isabel Hirtelen - Booker	00:12.82	Harley-Allendale-Col
Samantha Turner	00:12.90	Red Jacket
Emily Lavarney	00:13.22	South Seneca

100 Hurdles

Isabel Hirtelen - Booker	00:14.72	Harley-Allendale-Col
Samantha Turner	00:16.58	Red Jacket
Mackenzie Sturtz	00:17.69	Marion

200m

Isabel Hirtelen - Booker	00:27.07	Harley-Allendale-Col
Emily Lavarney	00:27.32	South Seneca
Aedin Brennan	00:27.44	Harley-Allendale-Col

400 Int Hurdles

Aedin Brennan	01:07.85	Harley-Allendale-Col
Logan Salamone	01:13.94	Marion
Olivia Brandow	01:14.64	Romulus

400m

Aedin Brennan	01:00.88	Harley-Allendale-Col
Jensen Porter	01:04.06	Red Jacket
Alexa Jamieson	01:04.93	Harley-Allendale-Col

800m

Sarah Coon	02:23.69	Red Jacket
Shealyn Doody	02:30.44	Red Jacket
Sarah Jo Schaertl	02:33.89	Red Jacket

1500m

Jeanette Schramm	04:53.24	Harley-Allendale-Col
Sarah Coon	05:00.37	Red Jacket
Shealyn Doody	05:03.31	Red Jacket

2000m Steeple

Sarah Coon	07:19.73	Red Jacket
Shealyn Doody	07:33.21	Red Jacket
Kaylyn Whitney	08:21.80	Marion

3000m

Sarah Coon	10:31.26	Red Jacket
Shealyn Doody	10:40.71	Red Jacket
Jeanette Schramm	11:27.84	Harley-Allendale-Col

Long Jump

Aedin Brennan	16-11.00	Harley-Allendale-Col
Logan Salamone	16-01.50	Marion
Emily Lavarney	16-00.00	South Seneca

High Jump

Mackenzie Sturtz	05-05.00	Marion
Emily Higgins	05-00.00	Marion
Taylor Chapman	05-00.00	Naples

Triple Jump

Aedin Brennan	38-10.25	Harley-Allendale-Col
Alaina Tripp	30-20.00	Clyde-Savannah
Mackenzie Sturtz	30-08.50	Marion

Discus Throw

Davina Smith	90-01.00	Clyde-Savannah
Sam Tuefel	089-09.0	Red Jacket
Kourtney Baker	087-06.00	Marion

Shot Put

Samantha Turner	34-05.50	Red Jacket
Sam Tuefel	33-06.75	Red Jacket
Vivica Smith	31-08.00	Harley-Allendale-Col

Pole Vault

Meaghan Hansen	08-00.00	Lyons
Liz McKay	08-00.00	Marion
Hollie Sequin	07-06.00	Clyde-Savannah
Taylor DiSanto	07-06.00	Lyons

Pentathlon

Samantha Turner	2314	Red Jacket
Mackenzie Sturtz	2226	Marion
Cheyenne VanGee	1484	Marion

4x100 Relay

Harley-Allendale-Col	00:52.65
Red Jacket	00:54.14
Marion	00:54.79

4x400 Relay

Marion	04:24.17
Red Jacket	04:31.74
Harley-Allendale-Col	04:43.70

4x800 Relay

Harley-Allendale-Col	10:30.37
Red Jacket	10:46.24
Marion	11:00.19