

## Boys West

### 100 meters

#### Time/Dist

Brandon VanderBrook	00:11.00	Marion
Michael Koehler	00:11.60	Dundee
Todd Romano	00:11.64	Clyde-Savannah

### 110 meter hurdles

Nick Felice	00:16.22	Clyde-Savannah
Jacob Kehoe	00:17.04	Lyons
Ryan Esguarra	00:17.32	South Seneca

### 200 meters

Brandon VanderBrook	00:22.51	Marion
Cody Engelsen	00:23.59	Marion
Michael Koehler	00:23.71	Dundee

### 400 meter hurdles

Cody Engelsen	01:00.80	Marion
Ryan Esguarra	01:02.30	South Seneca
Jacob Kehoe	01:03.08	Lyons

### 400 meters

Cody Engelsen	00:51.29	Marion
Tyre Smith	00:51.64	Lyons
Brandon VanderBrook	00:51.67	Marion

### 800 meters

Tallon Rood	02:06.91	Marion
Bradley Overacre	02:09.64	Lyons
Cody Engelsen	02:12.54	Marion

### 1600 meters

Tallon Rood	04:43.53	Marion
Russell Hegedorn	04:54.00	Harley-Allendale-Col
Aamir Zain	04:54.01	Harley-Allendale-Col

### 3000 meter steeple

Jaden Rodas	11:30.13	Red Jacket
Cody Engelsen	11:35.90	Marion
Bradley Overacre	11:37.49	Lyons

**3200 meter**

Aamir Zain	10:21.63	Harley-Allendale-Col
Russell Hegedorn	11:10.24	Harley-Allendale-Col
Jaden Rodas	11:15.67	Red Jacket

**Discus**

Ian Gillens	145-11.00	Marion
Justin Shaver	127-07.00	Honeoye Central
Greg Ellison	124-08.00	Dundee

**Shot Put**

Justin Shaver	47-11.00	Honeoye Central
Ian Gillens	47-07.50	Marion
John Kissell	43-04.00	Dundee

**Long Jump**

Nick Felice	21-00.50	Clyde-Savannah
Bradley Overacre	20-01.50	Lyons
Eddie Lucas	18-07.00	Red Jacket

**Triple Jump**

Eddie Lucas	40-09.25	Red Jacket
Bradley Overacre	38-11.25	Lyons
Nick Felice	38-11.00	Clyde-Savannah

**High Jump**

Joey Faniel	05-08.00	Clyde-Savannah
Michael Turner	05-07.00	Clyde-Savannah
Galen Everett	05-06.00	Harley-Allendale-Col

**Pole Vault**

Dakota Reomeise	11-00.00	Lyons
Drew McUmbert	09-06.00	Lyons
Dillion Bornheimer	09-00.00	Lyons

**Pentathlon**

Nick Felice	2243	Clyde-Savannah
Ethan Koval	2190	Marion
Emmitt Aimino	1950	Marion

**4X100**

Clyde-Savannah	00:45.67
Lyons	00:45.94
Dundee	00:46.70

**4X 400**

Lyons	03:39.24
Marion	03:43.11
Harley-Allendale-Col	03:43.60

**4X800**

HAC	09:06.90
Lyons	09:40.60
Clyde-Savannah	09:47.20

## **Boys Central**

### **100 meters**

Eugene White	00:11.84	Sodus Central
Casey DeMay	00:12.02	Williamson Central
Ben Tomion	00:12.05	Marcus Whitman

### **100 meters**

Abe Van Hoover	00:17.43	Williamson Central
Jacob Schwartz	00:18.28	Marcus Whitman
Michael Bloss	00:18.40	Williamson Central

### **200 meters**

Eugene White	00:23.96	Sodus Central
Casey DeMay	00:24.47	Williamson Central
Dakota Castilleja	00:24.64	East Rochester

### **400 meter Hurdles**

Max Curran	01:00.54	Williamson Central
Abe Van Hoover	01:01.83	Williamson Central
Brandon Keim	01:03.24	Red Creek

### **400 meters**

Max Curran	00:54.24	Williamson Central
Eugene White	00:54.62	Sodus Central
Dakota Castilleja	00:54.94	East Rochester

### **800 meters**

Tyler DeMay	02:04.40	East Rochester
Bobby Cooper	02:04.89	Gananda
Paul Sperr	02:08.48	Williamson Central

### **1600 meters**

Bobby Cooper	04:40.38	Gananda
Zak Westfall	04:50.94	Gananda
Tyler DeMay	04:52.14	East Rochester

### **3200 meters**

Jacob Hanss	10:38.84	East Rochester
Tyler DeMay	10:40.54	East Rochester
Doug Smith	10:43.06	Williamson Central

**3000 steeplechase**

Jacob Hanss	10:34.20	East Rochester
Dylan Forman	10:50.60	Williamson Central
Doug Smith	10:55.45	Williamson Central

**High Jump**

AJ Stohr	06-02.00	Williamson Central
Alex Kopicki	05-08.00	Williamson Central
Josh White	05-06.00	East Rochester
Akeem Hosang	05-06.00	East Rochester

**Long Jump**

Brandon Jones	19-00.00	Red Creek
AJ Stohr	18-10.00	Williamson Central
Josh White	18-06.00	East Rochester

**Triple Jump**

AJ Stohr	41-10.25	Williamson Central
Austin Folkins	38-02.50	Gananda
Michael Bloss	37-10.00	Williamson Central

**Shot Put**

Derek Jonza	43-04.50	Red Creek
Caleb Gregg	40-03.50	Red Creek
Christian Barrett	38-04.75	Williamson Central

**Pole Vault**

Max Curran	13-02.00	Williamson Central
Luke Shively	10-09.00	Marcus Whitman
Aric Spague	10-00.00	Williamson Central

**Discus**

Ryan LaFountain	119-02.0	East Rochester
Derek Jonza	112-11.00	Red Creek
Caleb Gregg	112-02.00	Red Creek

**Pentathlon**

Josh White	2322	East Rochester
Zak Westfall	2156	Gananda
Jake Willis	2145	Williamson Central

**4X100**

Williamson Central 00:46.92  
Red Creek 00:48.00  
Marcus Whitman 00:48.24

**4X400**

Williamson Central 03:40.90  
East Rochester 03:49.04  
Marcus Whitman 03:49.24

**4X800**

Red Creek 09:03.50  
Gananda 09:14.54  
Williamson Central 09:15.50

## Boys East

### 100 meter

Cory McNamara	00:11.23	Wayne Central
Seth Bailey	00:11.40	Palmyra-Macedon
Chris Weeden	00:11.54	Penn Yan

### 110 meter hurdles

Mike Morgan	00:15.54	Wayne Central
EFRAIN LUGO	00:16.00	Geneva
Randy Ho	00:16.49	Palmyra-Macedon

### 200 meters

Cory McNamara	00:22.74	Wayne Central
Seth Bailey	00:23.19	Palmyra-Macedon
Chris Weeden	00:23.54	Penn Yan

### 400 meters

Chris Weeden	00:50.94	Penn Yan
Keagan Turner	00:53.69	Midlakes
Alex Phillips	00:53.76	Wayne Central

### 400 meter hurdles

EFRAIN LUGO	00:58.86	Geneva
Randy Ho	00:59.75	Palmyra-Macedon
Alex Phillips	01:00.81	Wayne Central

### 800 meters

Jeremy Hassett	01:57.74	Newark HS-NY
Chris Weeden	02:02.36	Penn Yan
Ben McCormack	02:04.33	Newark HS-NY

### 1600 meters

Jeremy Hassett	04:32.06	Newark HS-NY
Geoff Rouin	04:34.30	Penn Yan
MATT VANDEMORTAL	04:41.50	Geneva

### 3200 meters

Geoff Rouin	10:11.05	Penn Yan
MATT VANDEMORTAL	10:18.17	Geneva
Sam Harbol	10:30.94	Palmyra-Macedon

**3000 steeplechase**

Quinton Jones	10:23.65	Palmyra-Macedon
James Light	11:42.60	Wayne Central
Thomas Lannon	11:53.52	Newark HS-NY

**Shot put**

Wesley Hayes	45-09.00	North Rose-Wolcott
Christopher Dean	40-02.50	North Rose-Wolcott
Reid Castner	39-07.50	Penn Yan

**Discus**

Joe Verkey	131-10.00	Newark HS-NY
Joe Amidon	123-07.00	Wayne Central
Thomas Sykes	112-05.00	North Rose-Wolcott

**High Jump**

Seth Bailey	06-04.00	Palmyra-Macedon
Mike Morgan	06-02.00	Wayne Central
Alex Phillips	05-08.00	Wayne Central
Connor Hollenbeck	05-08.00	Wayne Central

**Long Jump**

Mike Morgan	22-03.00	Wayne Central
Cory McNamara	20-11.50	Wayne Central
Adam Crumb	20-02.75	Wayne Central

**Triple Jump**

Mike Morgan	43-02.50	Wayne Central
Cory McNamara	42-04.75	Wayne Central
Nick VanderWeide	40-10.50	Midlakes

**Pentathlon**

Billy Hartman	2271	Palmyra-Macedon
Jacob Nashland	2085	Palmyra-Macedon
Jared Hotchkiss	2002	Midlakes

**Pole Vault**

Kyle Cymbal	12-06.00	Wayne Central
Matt Foster	11-06.00	Waterloo
Taylor Miller	11-00.00	Penn Yan



**4x100 Relay**

Midlakes	00:45.86
Palmyra-Macedon	00:45.92
Geneva	00:47.95

**4x400 Relay**

Newark HS-NY	03:39.15
Penn Yan	03:45.24
Palmyra-Macedon	03:46.74

**4x800 Relay**

Newark HS-NY	08:44.00
Palmyra-Macedon	08:47.90
Penn Yan	09:14.70