

Finger Lakes XC Post-season meeting 11-16-17
7:00 @ Eddie O'Briens in Farmington
Minutes

Schools represented:

Dave Bradshaw (Pal-Mac), Paul Pfeiffer (Marion), Dan Deckman (HAC),
Don Densmore (Mynderse), Dan Sackett (Williamson), Julie Bailey (Geneva),
Debbie Palmer (Sodus), Rick Smith (Penn Yan), Ed Courtney (Waterloo),
Jody McLaughlin (MW), Jim Bathgate (ER), Joe Contario (Newark),
Mike Schaertl (Red Jacket), Tim Burlee (Wayne), Kris King (C-S),
Dave Briggs (Red Creek), Julie Backus (Midlakes)
Jennifer Judge (NRW), Caitlin Bates (Bloomfield)

Unable to attend:

Bob Stewart (Honeoye), Dave Ettman (Romulus)

Updated coach's directory – Directory is updated and attached

Review of 2017 season

Dual meets

- League duals; overall ran well. Keep order of races the same.
- Thanks to everyone for timely and full results. Great this year!!!! 100%
- WFL League is what we as coaches make it.
- Enforce rules, educate yourself, and your athletes
- Athletes need to be held to honor code during races
- Courses- 5000m -marked well with maps- **measure mod courses up to 2 miles**
- **Week 5 -Oct 9th move mods to 2 miles if possible at site, before up to 1.5 miles**
- Host schools – Modified races: provide sex and school in order to score.
- **Officials were assigned to host site this year reserved beforehand by officials' assigner**
- **They clerked line, started race, enforced rules, called finish, verified scores**
- As the coach you should not be put in the position to make judgment calls that affect the score or enforce rules that only a certified official should. Dual meets should be no different than any other XC meet in rule enforcement.
- It is important to make all league meets official and consistent.
- Coaches may bring their own filled out pull tags to the league meets if they wish
- Gananda and Romulus scoring issue this year; they did not have a team and only had a runner run at a few meets but both teams counted as wins. Next year we will count such teams as exhibition teams and they will not score.
- Modified start date has changed, I will get back to you on our official date.
- **Senior recognitions should not disrupt the scheduled races, keep to 10 minutes and keep 4:30, 5:00, 5:30 race times intact. 4:50 was suggested**

Modified League Invite

- The 2018 Mod invite will be on same Saturday as the Championship meet again.
- Race distance should be near 2.0 miles by end of mod season

League Championships

Overall Champs: Marcus Whitman --- HAC

- **Boys Division Champs:** Waterloo, Marcus Whitman, Honeoye
- **Girls Division Champs:** Waterloo, Red Creek, HAC

- Thanks to Midlakes and Julie Backus whom did an outstanding job hosting.
- We plan to continue using Bob Goodell Jr and the Hytek system for the League championship. We will continue to utilize Yen's site for entries.
- Shirt Sales went well average ~\$3400 in sales, average 350+ cars admission/parking ~\$1700
\$5 makes for easier change making and is still a bargain per car to support the league
- Coaches are happy with the race being held on Saturday Morning.

- Order of races for next year –
Mods B/G, Varsity B Boys, Varsity B Girls Varsity A Boys, Varsity A Girls
Box # based on Girls Record
10:00, 10:30, 11:00, 11:30, 12:15, 1:00 45 min between Varsity races

Modified also have bib numbers versus pull tags

- Easier to keep track of numbers, and all Mod/JV/V rosters entered in same meet
- will order patches, bib numbers and chute supplies for next year
- Keep coach of year awards
- Modified runners had proper uniforms and looked like teams on start line
- We will continue to enforce uniform rules for all runners

NEXT YEAR ---Coaches, please bring your sectional verification forms to this meet!

Also, make sure your entries are entered on the Yentiming website

Don't be that guy!!!!

League All Stars and Awards -

2017 AWARDS:

XC is a unique sport in that we have an **individual** and **team** championship happening at the same time. We try to honor both with the awards layout by having awards balanced throughout the field.

These awards attempt to both reflect a League Championship meet and Sectional level awards.

Ribbons 1st-50th places (all races), 51 on -finisher (mods only) -all ribbons in Chute

Top 30 in race get medals -10 gold, 10 silver, 10 bronze (B,G) -Varsity

Top 30 get "League All Star" Certificate and Patch (B/G) -Varsity

Team Trophies in each division (B/G - E,C,W) -Varsity

7 Team Medals to winning team (B/G - E,C,W) -Varsity

Varsity B Overall Team Trophies 1B, 1G

Coach of the year (B/G - E,C,W)

Overall League Team Champion (B/G)

Review of Sectionals and States

- Sectionals: Our league did very well, Congratulations to all.
- Recognized all sectional patch recipients and state representatives
- Congratulations to the **HAC, Honeoye girls teams on their sectional titles**
MW Boys won

Thanks to **Williamson, Red Jacket, and Midlakes** for helping at States

Website

League Website ----- <http://www.wfltrack.org/crosscountry.htm>

- Site worked well with getting League information and results out.
- all 2017 results and all stars are posted ----**Need updated Maps!!!**
- Site will be updated with all of 2018 dates and events.
- Thanks to Lisa Schaertl for maintaining the site

New Business/ Old Business - League Business

A few coaches brought up that our XC courses should follow **NFHS standards** for length and proper markings. It was noted that this can be difficult depending on site restrictions. We should all make it our best effort to upgrade and groom our courses for safety and fairness to the athletes. 5000 meters is the goal. Proper flags and paint markings need to be used.

2018 League Championship site-

Next year, one of the best sectional and state courses in our league, school controlled, with great facilities; **Marcus Whitman** has stepped up to host, this was our #1 choice after the FLCC issue. We need to have next year's site determined. Future decisions can be made later.

Site for next year ok – we have time to determine a more permanent solution, small rotation, open bids, committee to determine selection, we need sites that are capable with schools/coaches willing to put in the work. Don't have to determine solution tonight for the future.

Reminder:

- no need for scramble, we are not in the invite business
- many stepped up last year to fill the void early season
- league championship course open for tours on a day during the last week August TBD**

2018 Schedule

- Set up 2018 schedule with host schools assigned. See attached document
- Rotation to balance meets: 4-5 schools per site for 6 meets.